

Crisis Response Team- Training

Training

NOVA's CRT BASIC and ADVANCED training programs prepare professionals to deliver immediate and short-term crisis intervention to victims, survivors, and communities affected by mass violence incidents (MVIs), natural/manmade disasters, or traumatic events. The training emphasizes psychological first aid, trauma-informed principles, and community recovery strategies.

BASIC CRT 24-hour training (in person or virtual)

This training is ideal for professionals and volunteers seeking to **DEVELOP** their crisis response capabilities within organizations, schools, or communities. Participants will gain foundational knowledge and practical skills in crisis intervention, with training modules to include:

- Internal and External Dimensions of Traumatic Experiences
- Group Crisis Intervention: Explanation and Implementation
- Understanding Death, Loss, and Grief / Death Notification Best Practices
- Long-Term Stress Reactions and Trauma Response
- Spiritual Dimensions in Crisis Response
- Stress for the Caregiver

ADVANCED CRT 24-hour training (in person)

This training is ideal for professionals and volunteers seeking to **ENHANCE** their crisis response capabilities within organizations, schools, or communities. Training modules to include:

- Coordinating a Community Crisis Response Team
- Cultural Humility in Crisis Intervention
- In-Depth Group Crisis Intervention Techniques
- Special Considerations with Trauma (Youth, Elderly, Spirituality, etc.)
- Individual Crisis Intervention: Simulated Exercise
- Self-Care Planning - Pre and Post Crisis Intervention

Contact Us: CRT@trynova.org